

Dalgety Bay Sailing Club
Laser / Topper / Optimist / RS300 Open Meeting
22nd – 23rd May 2010

Sailing Instructions

1 Rules

The regatta will be governed by the 'rules' as defined in the Racing Rules of Sailing.

2 Entries

Eligible boats may be entered by completing registration with the organising authority. Each boat sailing must have Third-Party insurance for a minimum of £2,000,000. All competitors will be temporary members of Dalgety Bay Sailing Club for the duration of the event.

Competitors participate in the regatta entirely at their own risk. See Rule 4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

3 Notices to Competitors

Notices to competitors will be posted on the official notice board located in the Clubhouse.

4 Briefing

There will be a briefing at 11:45 on Saturday 22nd May.

5 Changes in Sailing Instructions

Any change to the sailing instructions will be posted at least 45 minutes before the advertised starting time of the race or races concerned, except that any changes to the schedule of races will be posted by 20:00 on the day before it will take effect.

6 Personal Buoyancy

Personal Buoyancy shall be worn at all times whilst on the water. This alters RRS 40.

7 Signals made ashore

Signals made ashore will be displayed hoisted on the flagpole in front of the clubhouse.

When flag AP is displayed ashore, '1 minute' is replaced by 'not less than 30 minutes' in race signal AP.

8 Schedule of Races

Races are scheduled as follows :

Race	Day	First Signal	First Start
1	Sat	12:57	13:00
2	Sat	Asap after race 1	
3	Sat	Asap after race 2	
4	Sun	10:27	10:30
5	Sun	Asap after race 4	
6	Sun	Asap after race 5	

No warning signals will be made after 15:30 on Sunday 23rd.

9 Racing Area

The racing course is in the Forth in the vicinity of Dalgety Bay, extending from Inchcolm in the east, Cramond Island in the south, and Inverkeithing in the west.

10 The Course

The diagram in Illustration A shows the course, the order in which marks are to be passed, and the side on which each mark is to be left. It does not indicate the angle between legs nor the length of legs nor the compass bearing of any leg.

All boats must pass between the committee boat and mark F at the end of each lap. Each race is expected to take the leading boat around 40 minutes. The number of laps to be sailed will not be pre-determined, and races will continue until finished in accordance with the procedure in paragraph 15

1	RS300	Numeral 1
2	Laser	Numeral 2
3	Laser Radial	Numeral 3
4	Topper	Numeral 4
5	Optimist	Numeral 5

11 Marks

Marks 1, 2 and 3 will be large orange cylindrical buoys. Marks A and B will be orange cylindrical buoys with a black band. The Start (S) and Finish (F) marks will be small pink spherical buoys. A tender may be attached to the committee boat to protect the committee boat from damage. This tender will be regarded as part of the mark. This changes the definition of a 'Mark'.

12 The Start

The warning signal given 3 minutes before the starting signal. The preparatory signal will be given 1 minute before the starting signal. This alters Rule 26.

In addition, an Attention signal shall be made by flying IC Flag T together with one sound signal 3 minutes before the start of each starting sequence. Flag T will be removed at the first warning signal. If a starting sequence has been postponed, then the AP flag will be removed 1 minute before this Attention signal is made. This is in addition to Rule 26, and alters Race Signals.

The starting line will be between a mast displaying an orange flag or shape on the race committee boat at the port end and Mark S at the starboard end.

Boats whose warning signal has not been made shall keep clear of the starting area.

A boat attempting to start later than 10 minutes after her starting signal will be scored Did Not Start. This changes rule A4.1.

13 General Recalls

General recalls will be signalled in accordance with rule 29.2.

14 The Finish

The finishing line will be between a mast displaying an orange flag or shape on the race committee boat and mark F at the starboard end.

The finishing procedure will be as follows: Shortly before the finish, flag S and the class flag will be displayed with two sound signals. If no class flag is flown, then the signal applies to all classes. Boats will finish the race when they next pass through the finish line at the end of their current lap. Finishing positions will take account of the number of laps actually sailed.

If either wind or tidal conditions change significantly after the finish is signalled, and the Race

Officer considers that some boats' positions may be unfairly affected by allowing them to complete their current lap, the Race Officer may choose to take a finish time and number of laps completed from the end of their previous lap.

15 Time Limit

The time limit will be 1 hour 15 minutes for all classes for each race. Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored 'Did Not Finish'. This changes rule 35 and A4.1.

16 Protests

Protest forms are available at the Race Office. Protests shall be delivered there within the protest time limit. For each class, the protest time limit is 1 hour after the last boat has finished the last race of the day.

Protest notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. On the last day of the regatta, a request for reopening a hearing shall be delivered no later than 30 minutes after the party requesting reopening was informed of the decision. This changes rule 66.

17 Scoring

The Low Point scoring system of Appendix A will apply. Six races are scheduled, of which two shall be completed to constitute a series. When fewer than 4 races have been completed, a boat's series score will be the total of her race scores. When 4 or more races have been completed, a boat's series score will be the total of her races scores excluding her worst score.

18 Safety Regulations

A tally system will operate. Each boat shall tally as directed below.

- 18.1 Before going afloat the tally tag shall transferred to the "Gone Afloat" side of the tally board.
- 18.2 On returning to the shore, the tally tag shall be transferred to the "Ashore" side of the board as soon as possible, and no later than 1 hour after the finish of the last boat.

THIS IS A SAFETY SYSTEM, AND SAFETY BOATS WILL NOT COME ASHORE UNTIL TALLIES ARE ACCOUNTED FOR. PLEASE HAVE CONSIDERATION FOR THE HELPERS!!!

- 18.3 For each infringement, a boat will be marked as DSQ in the race(s) involved unless an "on-the-spot" donation of £5 is paid, via the Shore Control, to the RNLI within 1.5 hours of the finish of the last boat.
- 18.4 In addition to the Tally system, a Personal Wrist tag must be worn at all times while afloat. This will contain information that may be vital to rescue personnel in the unlikely event of a serious incident.
The Wrist Tag will contain the tally number. Competitors may add critical medical information that could assist rescue personnel e.g. epileptic, asthmatic etc. should they wish.

19 Prizes

The prize-giving will take place approximately one hour after the finish of racing on Sunday.

Illustration A: The Course



Start : CB - mark S

Course A:
Odd Laps : mark 1 to port
mark 2 to port
mark 3 to port

Even Laps : mark 1 to port
mark 3 to port

End of lap: CB - mark F
Finish : CB - mark F

NOTE:
The Optimist and Topper classes will use marks A and B instead of marks 1 and 2.

Marks 1, 2 and 3 will be large orange cylindrical buoys

Marks A & B will be large orange cylindrical buoys with a black band around them.

